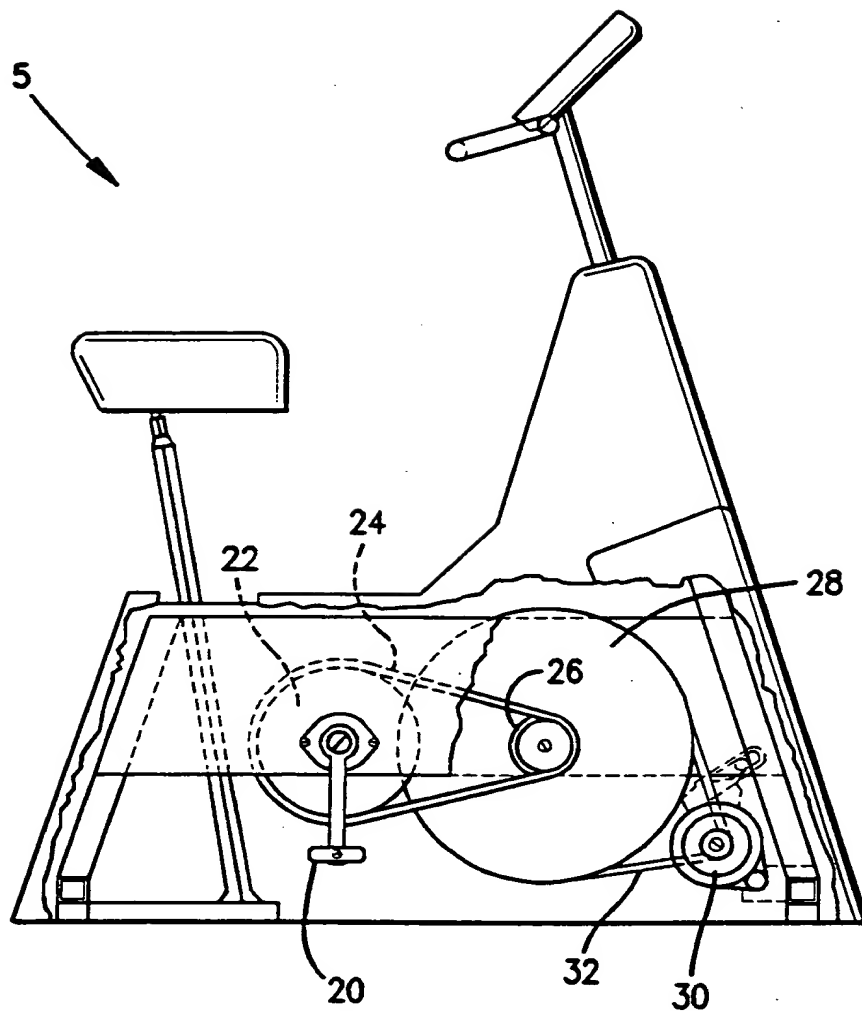


1-9



9

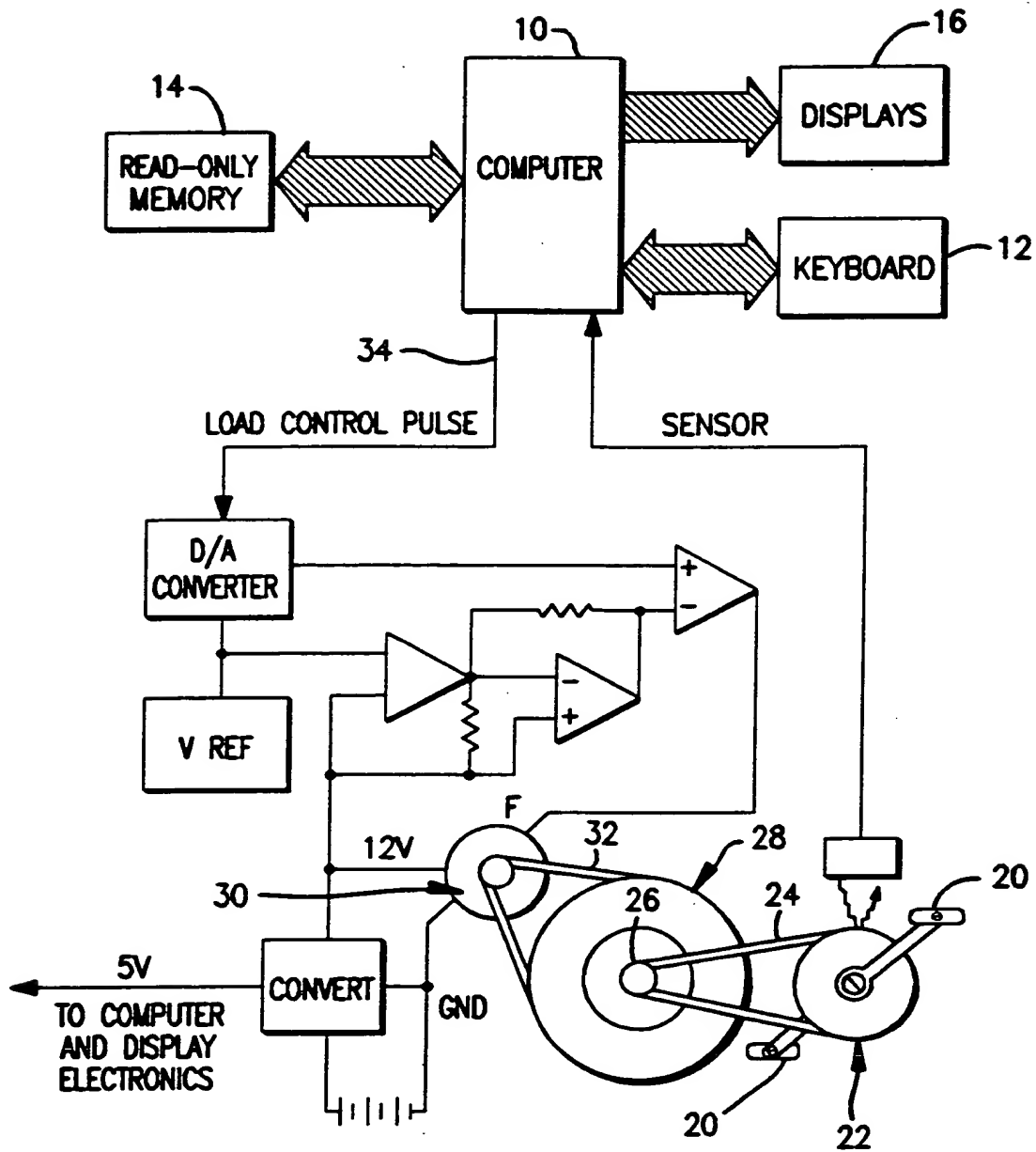


FIG. 2
PRIOR ART

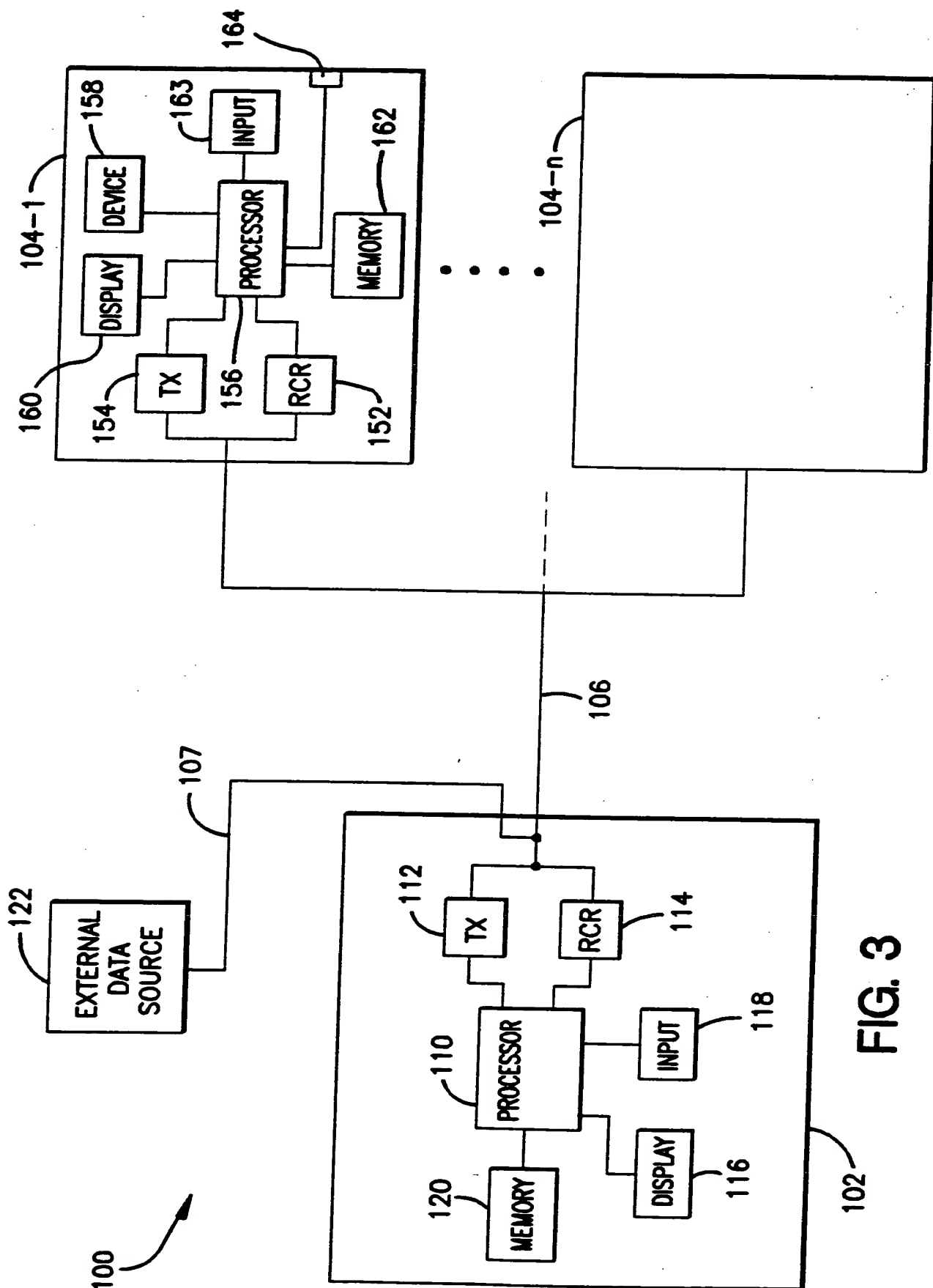


FIG. 3

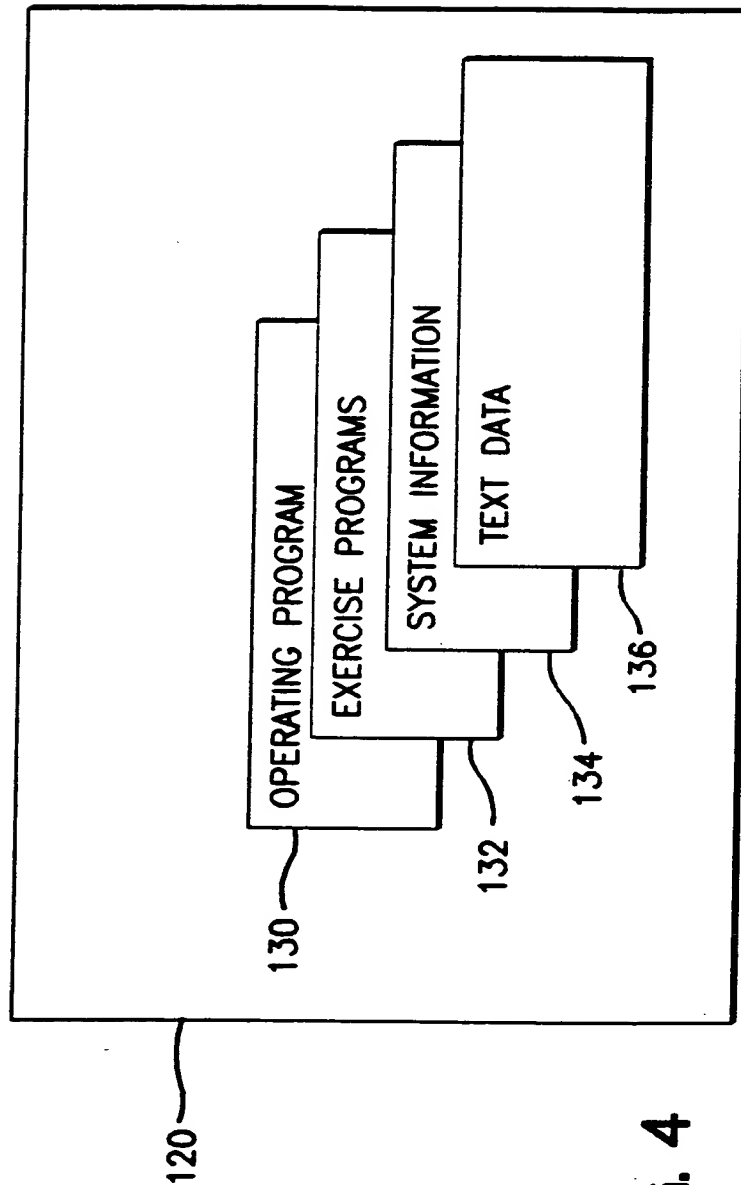


FIG. 4

FIG. 1 is a perspective view of a stationary exercise machine 200. The machine includes a seat 22, a flywheel 26, a crank 20, a pedal 28, and a handle 210. A dashed line 24 indicates the path of the crank. A component 30 is shown at the bottom right, and a component 32 is shown at the bottom center. An optional component 218 is shown at the top right.

FIG. 5

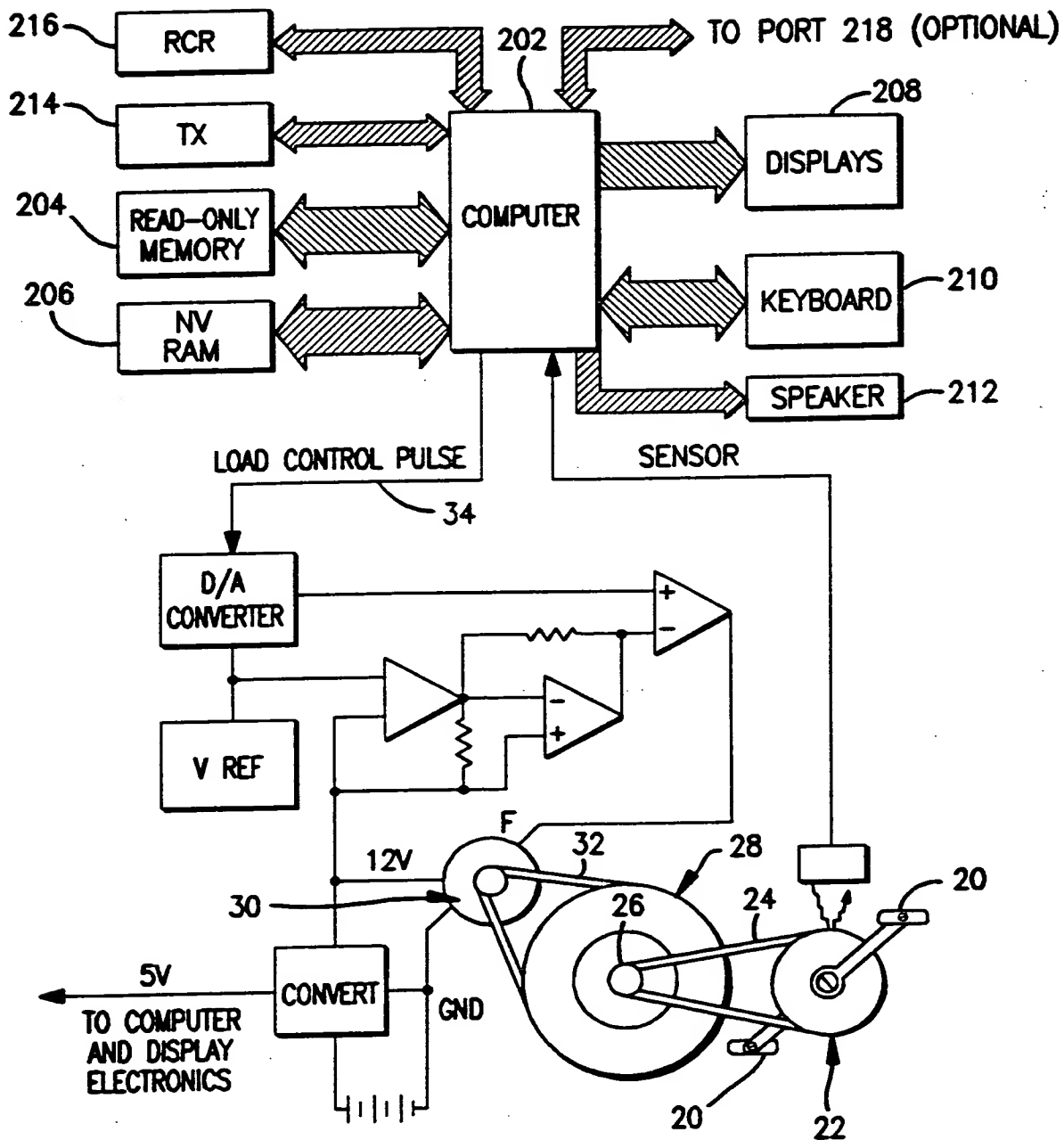


FIG. 6

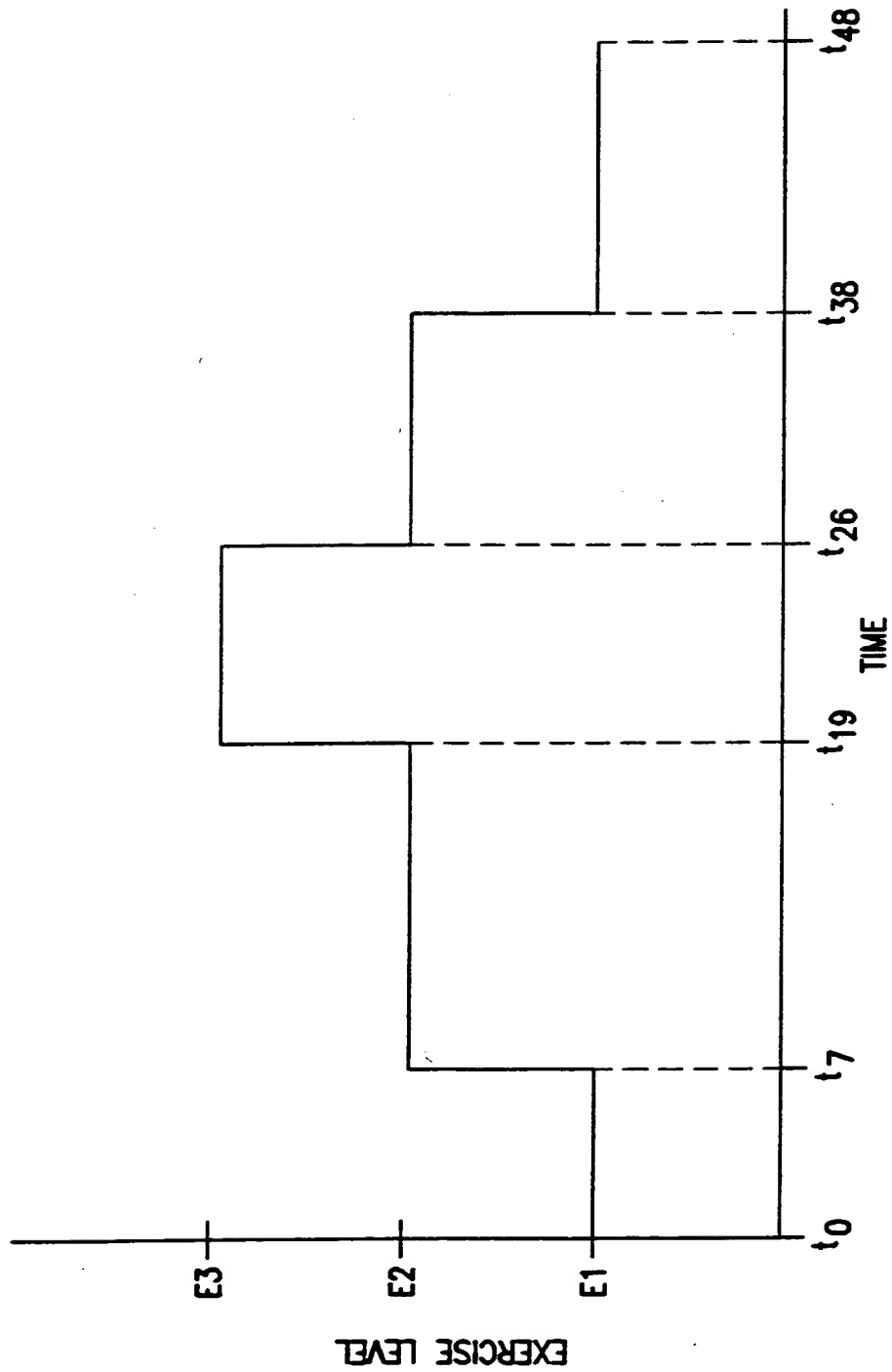


FIG. 7

| | | |
|-------------|-------------|-----------------------|
| 1 | PROGRAM | NAME AND DESCR. |
| 2 | PROGRAM | NAME AND DESCR. |
| 3 | PROGRAM | NAME AND DESCR. |
| • • • | • • • | • • • |
| n | PROGRAM | NAME AND DESCR. |

FIG. 8

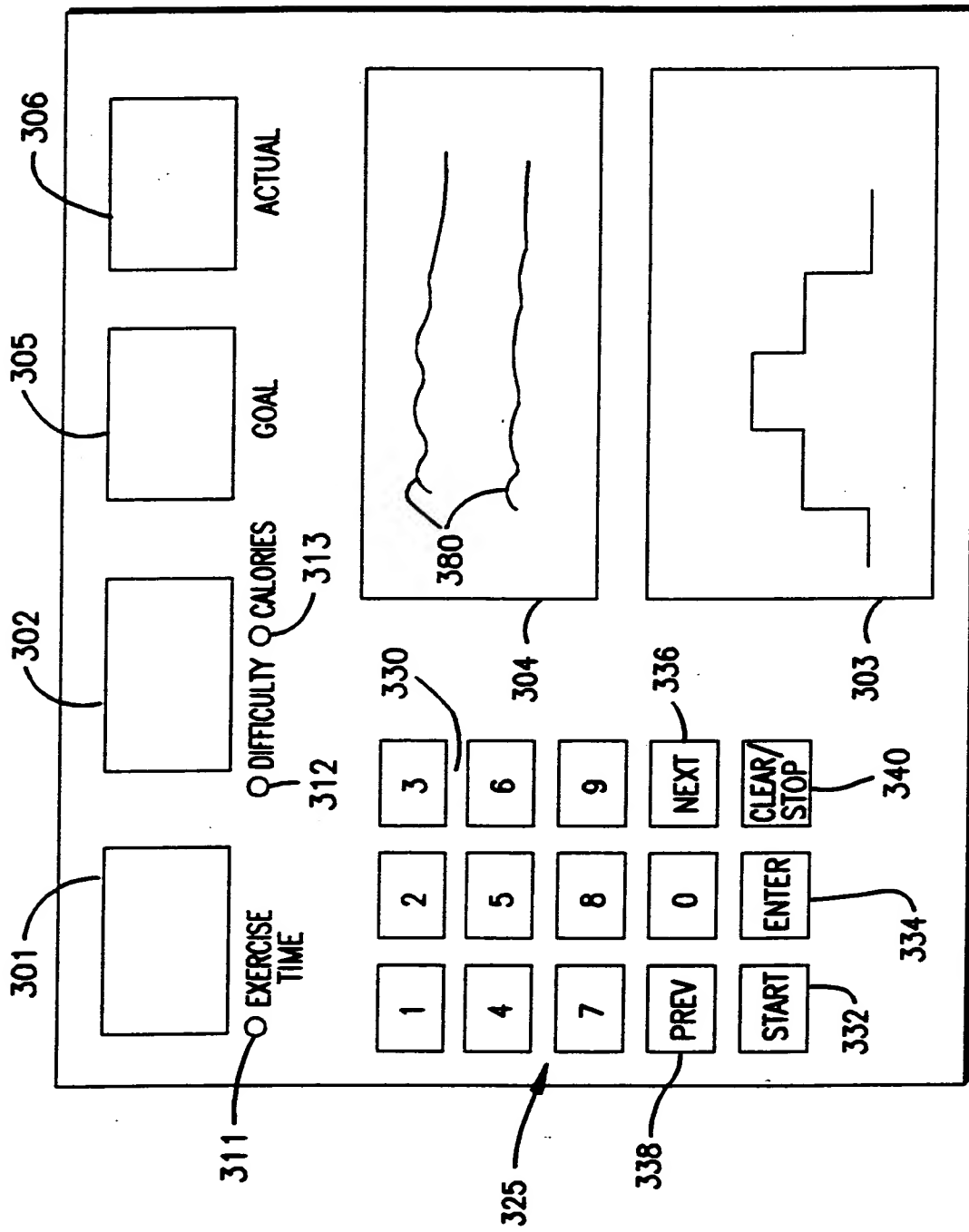


FIG. 9